

# Physical Education for Primary Students 2007/2008

## About the Teacher

I love to work with young children and began my career teaching at the age of eight. My younger sister and her friends were my first students. I would carefully create a worksheet, with paper and pencil, and then copy it for my number of students. Keep in mind this was before copy machines were a common household feature. I have always worked with children, but my favorite position to date has been motherhood. I have a fifteen year old son and a twelve year old daughter. Both have been home educated their entire lives. This will be my tenth year at Covenant Christian Academy as a teacher, administrator, and co-director.

## Goals for the Class

- Master basic movements necessary for proper development.
- Improve strength.
- Improve flexibility and agility.
- Improve large and small muscle coordination.
- Improve spatial awareness.
- Improve grace of movement.

## Curriculum

We will use *A Fun Physical Fitness Program* as the basis for our class. Throughout the school year, we will spend time on basic skills, such as jumping with both feet together, hopping on one foot, skipping, hopscotch, jump rope and many other basic skills. Additionally, we will spend time becoming familiar with various team sports.

## Supplies Needed

N/A

## Grades

Students will be graded using the following scale:

E = Excellent, S = Satisfactory, N = Needs Improvement

Participation is the key to success in this class.

## Parent Participation

Encourage your students to practice the skills they have learned each week in class.

## Contact the Teacher

Email is the best method to contact me. Please use [dstropoli@cfl.rr.com](mailto:dstropoli@cfl.rr.com), or you may call me at home at 407-333-4694.